

tip doc

Wash your hands
Disinfect your hands



How?

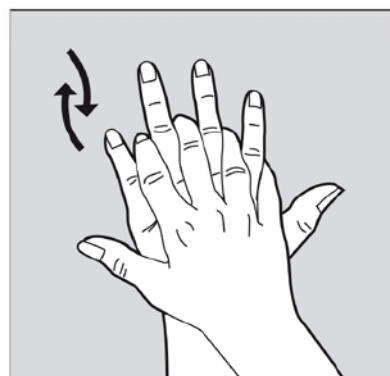
Wash your hands



1.
Wet your hands



2.
Rub your hands thoroughly with soap



3.
Rub your hands thoroughly with soap



4.
Rub your hands thoroughly with soap



5.
Rinse your hands thoroughly

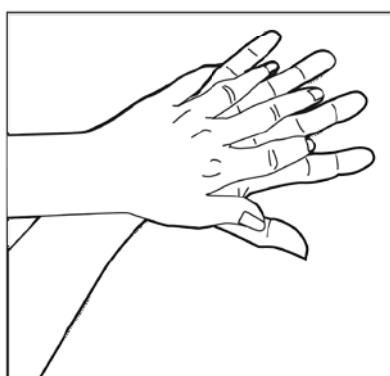


6.
Dry your hands

Disinfect your hands



7.
Take sufficient hand disinfectant in your hand.



8.
Also rub it between your fingers thoroughly.



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Dieses Informationsblatt wurde gefördert vom Amt für Flüchtlingshilfe Esslingen.